

12 ROUNDS

'A TARGETED BOXING INTERVENTION'

FOR YOUNG PEOPLE WORKING WITH
THE YOUTH OFFENDIGN TEAM IN
WIGAN



Boxing For Better C.I.C.

13303311

www.boxingforbetter.co.uk

info@boxingforbetter.co.uk

07710412028

PROGRAM OVERVIEW

PROGRAM DESCRIPTION

12 Rounds - YOT Programme, is a targeted intervention for young people aged 12 to 16 who are known to YOT. The programme lasts for 12 weeks, where a group of up to 8 participants will take part in structured boxing sessions to build discipline, resilience, respect and team work. Participants will be working towards their preliminary boxing award which can be used towards GCSE, Btec or Duke of Edinburgh. Participants will also be collecting a portfolio of evidence that will be submitted to the AQA exam board to be assessed as part of their accredited awards.

After the 12 weeks is completed there will be an awards ceremony where participants will display their skills, and also lead part of a session. At this event we will provide the boxers with their awards and medals and have an opportunity for photos with family, teachers and key workers.

PROGRAM DATES

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All participants must be enrolled at least 2 weeks before the start date of a new block. A participant is only enrolled when a key worker has completed the referral form, and Boxing For Better have confirmed that they are happy to accept the participant on the program.

Week 1 - Introduction & pre programme survey

Week 2 to 10 - Preliminary Boxing Award

Week 11 - Assessment (only available to participants who attended 8 or more sessions)

Week 12 - Post program survey

All participants who attend 8 or more sessions will also receive a Boxing For Better T Shirt.

BLOCK 1

Starts: 24th January 2025

Ends: 11th April 2025

Mop Up Session: 25th April 2025

Celebration Event: 2nd May 2025

BLOCK 2

Starts: 9th May 2025

Ends: 25th July 2025

Mop Up Session: TBC

Celebration Event: 31st July 2025

REFERRAL

REFERRAL CRITERIA

All participants must be aged between 12 and 16 and be known to Wigan YOT. Only key workers who are part of the Reach team can make referrals.

Parents and schools will be contacted to support the referral and to complete a pre and post programme survey which will help evidence any outcomes.

All referrals must be sent to info@boxingforbetter.co.uk ideally 2 weeks before the start of a block.

Referral forms can be found on our website www.boxingforbetter.co.uk

This program has been funded by Community Safety Partnership. Without their support we would not be able to run this project